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Latitudinal variation in clutch size—lay date regressions in *Tachycineta* swallows: effects of food supply or demography?

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In a study of almost 16 000 nest records from seven swallow species across the entire Western Hemisphere, clutch sizes decline with relative laying date in each population, but the slope of this decline grows steeper with increasing distance from the equator. Late-laying birds at all latitudes lay clutches of similar sizes, suggesting that latitudinal differences may be driven primarily by earlier-laying birds. Focused comparisons of site-years in North America with qualitatively different food availability indicate that food supply significantly affects mean clutch size but not the clutch size—lay date regression. Other studies on the seasonality of swallow food also indicate that steeper clutch size—lay date declines in the North are not caused by steeper earlier food peaks there. The distribution of lay dates grows increasingly right-skewed with increasing latitude. This variation in lay-date distributions could be due to the predominance of higher quality, early-laying (and large-clutched) individuals among populations at higher latitudes, resulting from latitudinal variation in mortality rates and the intensity of sexual selection. Our results underscore the importance of studying clutch size and lay date in tandem and suggest new research into the causes of their joint geographic variation.

Natural selection acts rigorously to shape phenotypic traits closely associated with survival and reproduction. These life history traits may be especially sensitive to selection under changing environmental conditions that directly affect population demographics. Despite the central importance of life history trade-offs in evolutionary ecology (Stearns 1989), there has been little research on the potential temporal and spatial variability in these trade-offs (Ardia 2005). For many bird species, the only life history trait that is frequently quantified with certainty is clutch size - the number of eggs laid in a single nesting attempt. Clutch size is thus the most studied avian life history trait (Ricklefs 1980, Murray and Nolan 1989, Cooper et al. 2005), and latitudinal variation in avian clutch size is one of the most thoroughly documented examples of geographic life history variation in any organism (Lack and Moreau 1965, Dunn et al. 2000, Martin et al. 2000). Birds breeding nearer the Equator tend to lay smaller clutches than their conspecifics or congeners breeding at higher latitudes, yet convincing general explanations for this broad geographic pattern remain elusive. By contrast, latitudinal variation in distributions of lay date (the date on which the first egg of a clutch is laid) is not well documented, but it appears that timing of breeding is more tied to local environmental conditions (Dunn and Winkler 1999, Hussell 2003). Efforts to understand clutch size or lay date variation individually are complicated by the fact that clutch size is negatively correlated with lay date in many single-brooded bird species (Daan et al. 1990, Winkler and Allen 1996, Christians et al. 2001). This correlation creates an interesting and generative tension: how might the inherent relationship between clutch size and lay date itself affect geographic variation in average

One of the most broad-scale studies to date on the relation between clutch size and lay date was a study of house wrens (Troglodytes spp.) across the Americas (Young 1994). In this study, Young showed that, as in many other species (Hochachka 1990, Christians et al. 2001), clutch size in house wrens declines linearly with later lay dates, with the steepest decline in high latitude populations and much shallower declines nearer the equator. This was one of the first demonstrations of continental-scale variation in the pattern of covariation of these two key life history traits. Young's data also suggest a novel explanation for the geographic variation in clutch size, namely that latitudinal differences in average clutch size may be driven by differences in the clutch size-lay date regression (Fig. 1). That is, if the late-season clutches laid by birds at different latitudes are of similar sizes, then the larger average clutches of high latitude populations may result from differences only between earlier-laying birds, not in birds breeding across the entire lay date spectrum.

Data from tree swallows *Tachycineta bicolor* have been an important source for spatially (Dunn et al. 2000) and temporally (Dunn and Winkler 1999) assessing life history variation. Studies using large sample sizes have shown that tree swallows exhibit a linear decline in clutch size with later lay dates (Winkler and Allen 1995, 1996), and previous work indicates that this clutch size—lay date regression is remarkably constant across northern North America (Winkler et al. 2002). A linear seasonal decline in clutch size has also been noted in *T. leucorrhoa* (Massoni et al. 2007) in

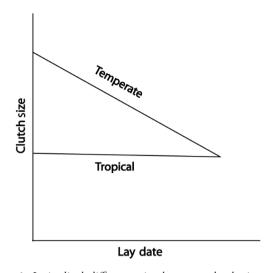


Figure 1. Latitudinal differences in the mean clutch size might arise because tropical birds do not lay larger clutches early in the season, not because of any latitudinal difference in clutch sizes later in the season (suggested by the work of Young 1994).

central Argentina. Here, we tested for latitudinal variation in the clutch size-lay date regression throughout the pan-American distribution of *Tachycineta* swallows. *Tachycineta* is a monophyletic genus of nine species endemic to the New World; we included seven species in our analyses (bicolor, thalassina, cyaneoviridis, albilinea, stolzmanni, meyeni, and leucorrhoa) representing each of the two or three slightly differentiated clades within the genus (Whittingham et al. 2002, Cerasale et al. 2012, Dor et al. 2012). Our study sites encompassed a latitudinal gradient of 120°, which allowed us to test the aforementioned hypothesis that latitudinal differences in clutch size are driven largely by differences in the clutch size-lay date regression. This appears to be the largest collection of data ever assembled on the breeding biology of a single genus of birds across an entire hemisphere, and the data provide an excellent opportunity to explore how geography and phylogeny affect variation in clutch size, lay date, and the connections between them.

Methods

We gathered data on 15 945 clutches over 262 site-years (Table 1), contributed by members of a research network called Golondrinas de las Americas (< http://golondrinas.cornell.edu>). Lay dates (clutch initiation dates) were standardized as the number of days from the earliest lay date in each site-year, thus removing the effects of different breeding seasons across the Americas. Swallows will lay a second clutch of eggs if the first is destroyed, and tropical *Tachycineta* species may be double- or even triple-brooded (Stager et al. 2012); however, our analysis considered only first clutches of individual females for all site-years. Length of season is defined as the length in days from the first to last clutch initiations for a given site-year. At all our sites, the birds nesting in boxes constitute well over 90% of the breeding *Tachycineta* in the area, and all boxes were

Table 1. Study sites and their respective properties, arranged alphabetically by site code. Site elevations are given in meters.

Site	Code	Species	Lat.	Long.	Elev.	Seasons	n
Fairbanks, AK, USA	AKS	T. bicolor	64.86	147.73	142	2000–2005	170
Beaverhill, AB, CA	ALB	T. bicolor	53.05	113.05	668	1986–1988	165
Beaverhill Lake, AB, CA	BBO	T. bicolor	53.37	112.54	670	2008–2011	241
Grand Bahama, BS	BHM	T. cyaneoviridis	26.50	78.7	3	1995	10
Hill Bank, Orange Walk, BZ	BLZ	T. albilinea	17.60	88.68	39	2001, 2003, 2009–2011	219
Chascomus, Bs As, AR	CHA	T. leucorrhoa	-35.57	58.02	8	2002–2005, 2009–2010	287
Carmel, CA, USA	CRM	T. thalassina	36.41	121.59	670	1986–1990, 1992–1996, 1998–2006	111
Elkhorn Slough, CA, USA	ELK	T. bicolor	36.80	121.79	20	2006	28
George Res, MI, USA	ESG	T. bicolor	42.45	84.00	291	1988–1990	157
Allendale, MI, USA	GVS	T. bicolor	42.95	85.88	214	1992–2005	834
Ames, IA, USA	IOW	T. bicolor	42.08	93.61	303	2003–2007	532
Ithaca, NY, USA	ITH	T. bicolor	42.4	76.50	344	1986–2010	5185
General Lavalle, Bs As, AR	LAV	T. leucorrhoa	-36.42	56.95	1	2003–2005	122
Long Point, ON, CA	LPT	T. bicolor	42.55	80.07	175	1986–2010	991
Lee Vining, CA, USA	LVC	T. bicolor T. thalassina	38.00	119.02	2073	2000–2009	89 77
Windsor, NS, CA	NSC	T. bicolor	45.05	64.25	12	1994–2005	881
Yellowknife, NT, CA	NWT	T. bicolor	62.45	114.35	205	1988–1989	57
Port Rowan, ON, CA	ONT	T. bicolor	42.64	80.46	182	1986–1998, 2001–2004, 2009–2010	819
Corvallis, OR, USA	OSU	T. bicolor T. thalassina	44.58	123.27	200	2003–2005	31 56
Lambayeque, Peru	PER	T. stolzmanni	-6.46	79.80	66	2010	19
Point Reyes, CA, USA	PRB	T. bicolor	38.27	121.44	1	2003-2004	80
Prince George, BC, CA	PRG	T. bicolor	53.79	122.77	715	2001–2005, 2011	560
Lake Opinicon, ON, CA	QUB	T. bicolor	44.57	76.33	123	2000–2001, 2005	112
St Denis, SK, CA	RGC	T. bicolor	52.20	106.08	500	1991–1996, 1998–2004, 2009–2011	1584
Sacramento, CA, USA	SAC	T. bicolor	38.76	121.33	36	1997–2002	154
Saticoy, CA, USA	SAT	T. bicolor	34.28	119.13	43	1997, 1999, 2002	129
Sante Fe, SF, AR	SFP	T. leucorrhoa	-31.66	60.59	14	2004–2005, 2008–2010	169
Port Rowan, ON, CA (sewage lagoon)	SLN	T. bicolor	42.64	80.46	182	1986–1999, 2001–2004, 2009–2010	923
Louden Co., TN, USA	TEN	T. bicolor	35.8	84.27	260	2001–2002	106
Jones Beach, NY, USA	TOB	T. bicolor	40.63	73.46	2	1980–1983	104
Harberton, TF, AR	USH	T. meyeni	-54.81	67.75	200	2006–2010	177
Redland, OR, USA	WIL	T. bicolor	45.35	122.50	30.5	2001–2003	119
Saukville, WI, USA	WIS	T. bicolor	43.38	88.02	230	1997–2005	574
Sheridan, WY, USA	WYO	T. bicolor	44.50	107.02	1310	2000–2001	89

checked regularly, and females in them banded, so our box-based estimates of the start and end of the season, and first or subsequent breeding attempts per female, should represent as accurately as possible the breeding parameters for the birds in the area.

To understand the effects of multiple causative factors on the clutch size-lay date regression, we conducted a mixed model analysis using package lme4 (Bates and Sarkar 2007) in R 2.14 (R Development Core Team). In this analysis, clutch size (CS) was used as the response variable; thus, the clutch size-lay date regression is tested as the effect of lay date, and the effects of other potentially causative factors on the clutch size-lay date regression appear as a factor-by-lay date interaction. Site and Year were included as random effects. For explorations of effects of predictors on clutch size, we used generalized linear mixed models with Poisson distributions for count data (i.e. clutch size) after having tested for and failing to find any evidence of overdispersion. Because clutch sizes are count data, Poisson models are more appropriate for statistical inference than normal linear regressions used in the past to measure the relationship between lay date and clutch size (cf. Winkler and Allen 1996, Winkler et al. 2002), though linear models can still be valuable for the visualization of overall geographic variation. In addition to lay date (lay), we included absolute latitude (degrees from the equator, either north or south – lat), species (spp), and season length (Lseason) as explanatory variables, as well as the twoway interactions of these factors with lay date. Data for elevation and distance to nearest ocean were not sufficiently well-distributed to reliably test their effects. Thus, we began with the most highly parametrized model:

$$CS = e^{\beta_1 + \beta_2 \, lay + \beta_3 \, lat + \beta_4 \, spp + \beta_5 \, Lseason + \beta_6 \, lay \times lat + \beta_7 \, lay \times Lseason} \\ + \beta_8 \, lay \times spp + \beta_9 \, lat \times Lseason + \epsilon_i$$

and then examined the model fits to determine which terms could be excluded. We identified our best model by BIC score, and then calculated the statistical significance of each parameter using a proportional log-likelihood ANOVA.

To better understand the latitude-by-lay date interaction by empirically exploring the variation in the clutch size-lay date slope with latitude, we divided the range of latitudes into four bands of increasing distance from the equator: 0-24°, 24-40°, 40-53°, and 53-65°. The first of these was chosen to include the entire tropics, the second (16° wide) was chosen to include the relatively large number of sites in the southern tier of US states (CA and TN), and the third and fourth (13° and 12° wide) were chosen to split the remaining latitudes about equally, with the extreme climate of Ushuaia, Argentina, included with the northernmost sites on the other end of the globe. To evaluate differences in the relative frequency of early-laying, large-clutched birds, we calculated the skewness of relative laying date for each siteyear and then used a generalized linear model to test for its dependence on latitude.

To test the effects of food supply on clutch size, lay date, and the CS-lay date regression we took advantage of post hoc comparisons of breeding parameters at one site in Alberta where food supplies varied dramatically across decades, and another pair of contemporaneous sites in

Ontario where food availability varies dramatically across a distance of only a few kilometers.

Results

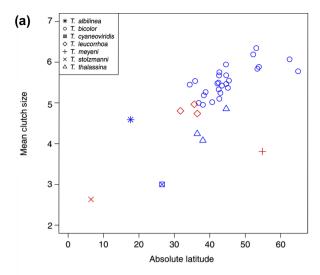
Similar to *T. bicolor* and *leucorrhoa*, most other *Tachycineta* species exhibited a linear seasonal decline in clutch size, and larger clutches occurred more frequently at higher latitudes (Fig. 2a). The final clutch size–lay date regression model for fixed effects contained only statistically significant terms and had the following design:

$$CS = e^{\beta_1 + \beta_2 lay + \beta_3 lat \times \beta_4 spp + \beta_5 lay + lat + \epsilon_i}$$

Year was not significant as a random effect ($L_{1.15945} = 0.2$, p = 0.63) and was removed from the final model, but Site had a highly significant effect and was retained ($L_{1.15945} = 27.9$, p < 0.001). The final model was > 6 BIC units better than any other model, and so we report parameter estimates only for this top model. Our final model revealed a highly significant effect of both lay date and latitude, and their interaction, on clutch size (Table 2). The slope of the regression shows a pattern of decline with latitude (Fig. 2b) similar to that reported by Young for house wrens. There are still few slope estimates available for the Southern Hemisphere, but those available suggest a lack of any steep slopes in the south (Fig. 2b). Nevertheless, while species had a significant effect on clutch size, the lay-by-species interaction term did not appear in our top model, indicating that neither species nor, implicitly, neither hemisphere nor phylogeny, had a significant effect on the slope of the clutch size-lay date regression.

Both linear regression lines (Fig. 3) and Poisson predictions (Fig. 4) show a general marked increase in the steepness of the clutch size—lay date regression slope further from the equator. Thus, latitudinal variation in the clutch size—lay date regression may explain some of the latitudinal variation in average clutch size seen in *Tachycineta* (Fig. 5). To test whether latitudinal differences in the regression slope might be associated with differences in the frequencies of early-laying, large-clutched individuals, we modeled the skewness of the lay date distribution as a function of latitude. Sites at higher latitudes averaged more right-skewed laydates (beta = 0.024 ± 0.008 SE, p < 0.01): high-latitude sites contain a significantly higher proportion of early-breeding individuals than sites nearer the equator.

Two pairs of sites in our data set showed very interesting differences that may shed light on the importance of food supply in affecting the CS-lay regression. The two sites near Beaverhill Lake, Alberta (ALB and BBO) overlap spatially, but they are from different periods of time (Table 1), only the earlier of which was characterized by abnormally and distinctively high concentrations of flying insects (Dunn and Hannon 1992). The birds there during the 1980s laid on average 6.35 eggs per clutch and those present 20 yrs later averaged 5.84, a significant difference (t = 5.13, p < 0.0001) that is mirrored by a difference in mean lay dates of 2.5 d (t = -4.93, p < 0.0001). Though the earlier period had a steeper clutch size-lay date regression (Fig. 6), these regressions are not significantly different (ANOVA



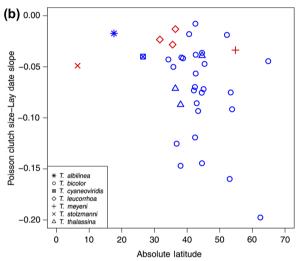


Figure 2. (a) Mean clutch sizes relative to the absolute value of latitude for *Tachycineta* species at every site in the study. (b) The slope of the Poisson clutch size–lay date regression as a function of the absolute value of latitude. For both, Northern Hemisphere in blue, Southern in red.

Table 2. Final generalized linear mixed model with Site as a random effect. All species (spp) effects are on the log scale of Poisson variates, and are fit relative to a zero reference level for Bahama swallow *T. cyaneoviridis*. Lay date (lay) is days since the first clutch in each site-year, and latitude (lat) is degrees either north of south of the equator. (CHSW: *T. meyeni*, MANS: *T. albilinea*, TRES: *T. bicolor*, TUSW: *T. stolzmanni*, VGSW: *T. thalassina*, WRSW: *T. leucorrhoa*).

 $CS = e^{\wedge}(\beta_1 + \beta_2 \text{ lay} + \beta_3 \text{ lat} + \beta_4 \text{ spp} + \beta_5 \text{ lay} \times \text{lat} + \epsilon).$

	Estimate	SE	z-value	p-value
(Intercept)	1.204905	0.187341	6.432	< 0.0001
lay date	-0.057327	0.004609	-12.439	< 0.0001
latitude	0.026693	0.008249	3.236	0.001
sppCHSW	0.154183	0.196960	0.783	0.43
sppMANS	0.450825	0.191823	2.350	0.02
sppTRES	0.496547	0.187748	2.645	< 0.01
sppTUSW	-0.077963	0.237374	-0.328	0.74
sppVGSW	0.311899	0.190239	1.640	0.10
sppWRSW	0.435078	0.188176	2.312	0.02
lay date \times latitude	-0.008937	0.003453	-2.588	< 0.01

deviance = -2.39, p = 0.12). The other interesting contrast is between contemporary sites near Long Point, Ontario, the general sites of which (ONT) had smaller clutches (5.10) than those at a sewage lagoon (SLN, mean CS = 5.75; t = 15.51, p < 0.0001), where populations of flying insects have been very high (Hussell and Quinney 1987). These sites differed in mean lay dates by 1.24 d (t = -6.11, p < 0.0001). Despite their proximity and different clutch sizes and lay dates, these sites had no difference in their CS–lay slopes (ANOVA deviance = -0.59, p = 0.44).

Discussion

Our analyses reveal the interaction between clutch size and lay date as an important life history linkage in *Tachycineta* swallows. Indeed, the interaction of these two life history traits is strong enough that studies of clutch size separated from lay date should be pursued with caution. While there are differences in mean clutch size among species, these differences are less striking than the latitudinal differences in clutch size (Fig. 2a) and the clutch size-lay date regression (Fig. 2b, 5). Most importantly, Fig. 5 and Fig. 1 look remarkably similar - despite early-season differences, clutch sizes are quite similar at all latitudes later in the season. Thus, throughout the entire Western Hemisphere, the latest-laying Tachycineta swallows lay clutches of very similar size regardless of latitude, suggesting the possibility that the physiological constraints and environmental determinants facing late-laying birds may be quite similar.

However, closer inspection of Fig. 5 in conjunction with our analysis of lay date skewness reveals considerable complexity in the clutch size—lay date regression. First, across all latitudes, the lay date distributions are right-skewed: the mean lay dates are very early relative to the length of the season. This is true even close to the Equator, despite the fact that the breeding season is much longer in the tropics. (Recall that we are comparing only first clutches in the season for females across the network.) Second, the skewed distributions reveal that there are proportionately few late-laying birds in all populations. Because these later birds tend to lay similar-sized clutches across latitudes, the latitudinal differences in clutch size are being driven primarily by the proportions and clutch sizes of earlier-laying birds.

There is a great deal of theory and evidence for factors (e.g. differences in food supply, mortality risk, pace of life, etc.) that may lead temperate-nesting birds to lay larger clutches than their tropical counterparts (Skutch 1949, 1985, Ashmole 1963, Ricklefs 1969, Martin et al. 2000). It seems likely that these same factors may provide the driving force for latitudinal trends in the clutch size–lay date regression by affecting the clutch sizes of the early breeders at each site. For the *Tachycineta* system, comparative data are just being gathered on food supply, nestling growth, incubation and provisioning behavior, chick and parental survival, metabolic rates, etc. Although the results of these analyses are likely to produce new insights on the CS–lay regression, the few results already available suggest the most promising areas for future investigations.

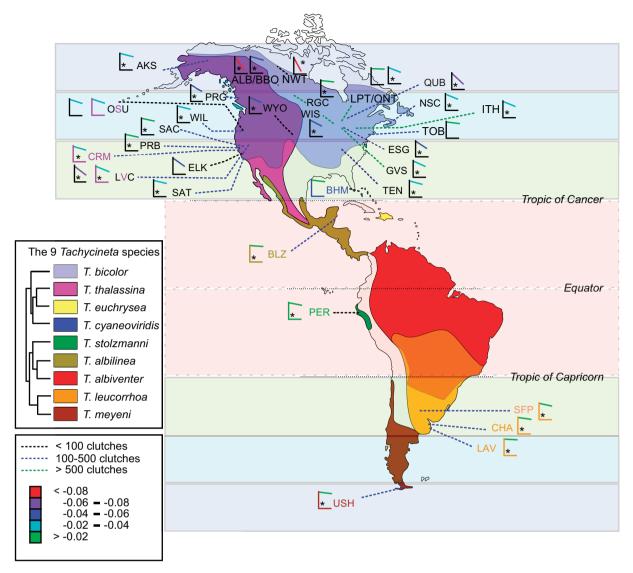


Figure 3. Latitudinal bands used in analyses, species' ranges, and the linear CS—lay date regression for each site. For each regression the color of the axis for bicolor is black but all others are keyed to the species depicted; the color of the regression line indicates the slope of the regression; an asterisk in the lower left corner indicates significance of the regression; and the color of the dotted line connecting the site's label to its location indicates the sample size. Site labels and coordinates in Table 1.

The most obvious environmental factor with the potential to explain both variation in mean clutch sizes and in the CS-lay regression is food supply. Despite many efforts, the Golondrinas network has not yet devised reliable and effective means to gather the large amount of comparative data on food availability needed to quantitatively test food supply effects. Still, the comparisons between sites in Alberta and Ontario suggest that, though clutch sizes were higher in times or localized sites where food was qualitatively more abundant, the CS-lay slopes appear to be little affected by these large variations in available food (contra Siikamäki 1998, Both and Visser 2005 in other systems). In swallows in Alberta and Ontario, richer food regimes were associated with larger average clutches - not because early breeders raised their clutch size ceiling, but because there were proportionally greater numbers of early breeders laying large clutches (Fig. 6). However, these changes in lay date skewness were not enough to generate significant differences in the CS-lay relationship, suggesting that local food abundance is not sufficient to explain the overarching latitudinal pattern in CS-lay regressions.

Of course, early, steep temporal peaks of food availability could still drive selection for more birds to lay (large clutches) earlier in the north; however, limited data from several sites across North America suggest that food supply in northern sites is not heavily concentrated early in the season (Dunn et al. 2011). Indeed, it most often increases across the laying and brood-rearing period. Thus, it seems unlikely that the highly skewed distributions of lay dates in northern sites are due to selection to capture a steep and early peak in the food supply.

The proportion of early-breeding birds (and thus, the strength of latitudinal differences in CS) may be related more to the demography of the populations than to any

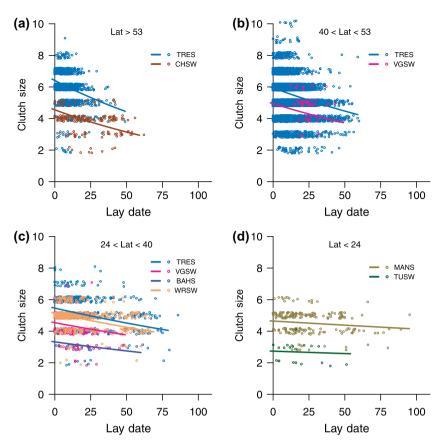


Figure 4. Original data and predictions from the Poisson CS–lay date regression for each species in each of the latitudinal bands in Fig. 3. Note that, because the species differences in slopes are not significant, only a single slope is fit in each of the bands.

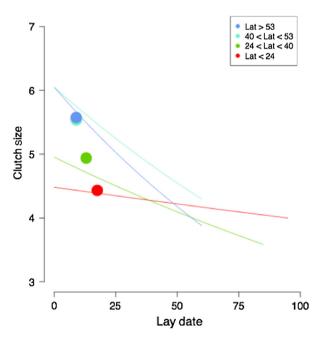


Figure 5. Summary of the predictions from Poisson regression of clutch size on lay date for all data in each of the latitudinal bands of the same color in Fig. 3. For each band, the mean lay date and clutch size is also indicated by a colored dot.

specific environmental selective force (Young 1994: 551). There is growing evidence from T. bicolor that earlierlaying birds are of higher quality than those laying later. Not only do early breeders lay more eggs, but they have superior flight performance (Bowlin and Winkler 2004) and immunocompetence (Hasselquist et al. 2001, Ardia 2005). Furthermore, temperate Tachycinetas in both hemispheres lay larger eggs (Massoni et al. 2007) or eggs with larger yolks (Liljesthröm et al. 2012) earlier in the season, suggesting a seasonal decline in investment per egg. Individual quality differences have long been known to overwhelm expected trade-offs between life history traits (Partridge and Harvey 1988), producing situations where, for example, birds both produce more young and have higher survival rates (Smith 1981). Perhaps temperate populations generally contain a greater proportion of high-quality individuals and hence more individuals that can breed early and lay large clutches. Adults in tropical populations of Tachycineta swallows appear to have higher annual survival rates than those in temperate populations (Winkler unpubl.). Thus, temperate birds may be subjected to a stronger filter for individual quality. This mortality-driven selection for high-quality individuals may be further strengthened by sexual selection acting on one or both sexes, as temperate populations generally have

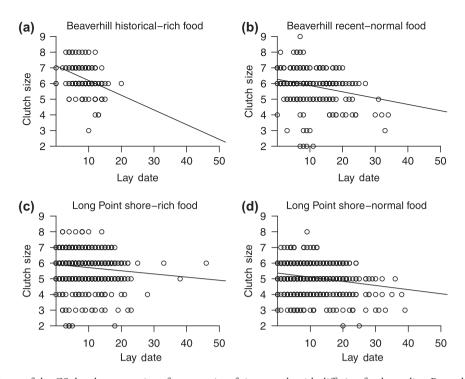


Figure 6. Comparisons of the CS-lay date regressions for two pairs of site-records with differing food supplies. Beaverhill Lake supported enormous populations of flying insects in the 1980s and normal populations in the early 2000s. The site at the sewage lagoon at the base of Long Point, Ontario, supported very high densities of aerial insects, and other sites nearby provided normal food supplies. See text for further detail.

higher levels of extra-pair paternity (Ferretti 2010), and competition for early breeding may be especially strong. (We should also note that, as a result of greater adult mortality rates, temperate populations also contain more young birds. However, the steeper temperate decline of clutch size is not caused by a higher proportion of young birds laying smaller, later clutches, because clutch size depends more strongly on lay date than on female age [Winkler and Allen 1996].) Understanding geographic variation in the frequency of high-quality individuals may provide insight into the overarching geographic variation in clutch size and the clutch size-lay date regression. How do we compare individual quality across geography and phylogeny? Do more-variable environments in temperate regions provide more opportunities for individuals of a greater diversity of qualities? Are late-laying birds in both regions of commensurate quality, as their similar clutch sizes suggest?

Many bird species have advanced their lay dates in response to warming spring conditions throughout the Northern Hemisphere (Brown et al. 1999, Dunn and Winkler 1999, 2010) and several species that have not been able to do so appear to be paying fitness costs for this lack of flexibility (Both et al. 2006, Both 2010). Our results suggest that early-laying birds may make increasingly large contributions to populations at higher latitudes. Therefore, temperate birds that fail to adapt to a changing climate may pay greater costs (face stronger selection) than their tropical counterparts. Clearly, efforts to understand biological linkages between clutch size and lay date have the prospect of illuminating an ecological effect on life history variation that may also be of great importance in times of rapid climate change.

Thus, understanding variation in both lay-date distributions and the linkage between lay date and clutch size emerges as an important research challenge, and analyses of geographic clutch size variation based on population means alone will miss much of the important variation within and between swallow populations.

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